2026

# November at The Plaza & The Legacy




| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>"Dia De Los Angelitos/ Remembering Children"<br>Daylight Saving Time Ends<br>I Spy walk: "RED the Turkey"<br>8:00 Guardian Angels Catholic Church [PL]<br>8:15 Shadow Mountain Church Drive [PL]<br>9:00 Sunday Morning Church Service with Pastor Bill [CH]<br>9:30 Walk & Talk to: Santee Lakes<br>10:15 Shadow Mountain Church Drive [PL]<br>12:00 Wellness Workout with Heidi [FR]<br>1:00 Peaceful Sunday Bingo [MDT]<br>2:00 Skip-Bo & Friends Card Game [MDT]<br>3:00 Ice Cream Social [BD] | **2**<br>"Dia De Los Muertos/ Remembering Departed Loved Ones"<br>Day Of The Dead<br>I Spy walk: "RED the Turkey"<br>10:00 Morning Stretches: Instructional Video [FR]<br>11:00 Coffee & Cozy Chats in the Turtle Lounge [TL]<br>1:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>2:00 Make & create with Rubi: Sip & Paint [MDT]<br>3:00 Boot-Scootin' Line Dancing [CDR]<br>3:30 Quick Trip to: GTM Discount Store [PL]<br>4:00 Virtual Field Trip: Unseen California [MDT] | **3**<br>Election Day<br>I Spy walk: "RED the Turkey"<br>10:00 Blessed Trinity Anglican Church [CH]<br>10:00 Indoor Aqua-fit with Peggy [IPS]<br>10:15 Sweet Morning Social [PL]<br>11:00 Watch, Cheer & Toss Cornhole [FR]<br>12:30 All Aboard the Domino Train [50GR]<br>2:00 Taste of the Week: Banana Putting Cups [BD]<br>3:00 Nickel Blackjack [50GR]<br>3:30 Transportation Committee Meeting [V]<br>4:15 Easy Tech with the Activity Girls [AO] | **4**<br>Fall Spirit Day Wednesday: Wear Flannel or Plaid<br>Happy Birthday Betty Ruehle!!<br>I Spy walk: "RED the Turkey"<br>9:15 Bocce and Coffee<br>10:00 Morning Stretches - Instructional Video [FR]<br>11:00 Warm-Up and Work Out with Dennis [FR]<br>1:00 $4 Fun Bingo [MDT]<br>2:00 Chef's Table Chat [BPD]<br>3:00 Girls Just Wanna Have Wine [MDT]<br>4:15 Easy Tech w/ the Activity Girls [PL]<br>6:00 Skip-Bo & Friends Card Game [MDT] | **5**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Saturday Shopping Trip<br>10:00 Strike & Socialize Bowling Hour [BD]<br>10:45 Lunch Bunch to: Olive Garden [PL]<br>11:00 Lantern Crest Farmers Market 11am-4pm<br>1:00 Resident Council Board Member Meeting [BPD]<br>2:00 $4 Poker [50GR]<br>4:15 Easy Tech with the Activity Girls [AO]<br>4:30 Early Evening Movie: The Intern (2h 1m) [MDT] | **6**<br>I Spy walk: "RED the Turkey"<br>10:30 Exercise Light: Weights, Balance & Stretching w/Peggy [FR]<br>11:00 Senior Helpers Vital Check [PL]<br>12:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>1:00 Cardio Drumming Workout [FR]<br>1:30 Floral Friday<br>3:00 Happier Hour with Live Music From: Double Take [CDR] | **7**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Monday Quick Trip<br>8:30 Shop till we Drop to: Vons [PL]<br>10:00 Wellness Chair Yoga with Heidi [FR]<br>1:00 3-13 Afternoon Card Social [MDT]<br>1:00 Letters & Laughter Scrabble Fun [TR]<br>3:00 Nickel Blackjack [50GR]<br>5:30 Evening Movie & Popcorn: Beethoven (1h 28m) [MDT] |
| **8**<br>Happy Birthday Bernard Juleson<br>I Spy walk: "RED the Turkey"<br>8:00 Guardian Angels Catholic Church [PL]<br>8:15 Shadow Mountain Church Drive [PL]<br>9:00 Sunday Morning Church Service with Pastor Bill [CH]<br>10:15 Shadow Mountain Church Drive [PL]<br>12:00 Wellness Workout with Heidi [FR]<br>1:00 Peaceful Sunday Bingo [MDT]<br>2:00 Skip-Bo & Friends Card Game [MDT]<br>3:00 Ice Cream Social [BD] | **9**<br>I Spy walk: "RED the Turkey"<br>10:00 Morning Yoga: Instructional Video [FR]<br>11:00 Coffee & Cozy Chats in the Turtle Lounge [TL]<br>1:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>2:00 Make & create with Activities: Give Thanks Wooden Wreaths [MDT]<br>3:00 Boot-Scootin' Line Dancing [CDR]<br>3:30 Quick Trip to: Five Below [PL]<br>4:00 Virtual Field Trip: Albania [MDT] | **10**<br>I Spy walk: "RED the Turkey"<br>9:15 St. Kieran's Communion Service [CH]<br>10:15 Sweet Morning Social [PL]<br>11:00 Watch, Cheer & Toss Cornhole [FR]<br>12:30 All Aboard the Domino Train [50GR]<br>2:00 Taste of the Week: Candy Turkey's [BD]<br>3:00 Nickel Blackjack [50GR]<br>4:15 Easy Tech with the Activity Girls [AO] | **11**<br>Fall Spirit Day Wednesday: Wear Flannel or Plaid<br>I Spy walk: "RED the Turkey"<br>Veterans Day<br>9:15 Bocce and Coffee<br>10:00 Morning Stretches - Instructional Video [FR]<br>10:00 The Lutheran Church-Missouri Synod [CH]<br>12:00 Veteran's Pinning Ceremony [MDT]<br>1:00 $4 Fun Bingo [MDT]<br>3:00 Men's Brew Crew [BLR]<br>6:00 Skip-Bo & Friends Card Game [MDT] | **12**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Saturday Shopping Trip<br>9:00 Lunch Bunch to: Julian Pie Company [PL]<br>10:00 Strike & Socialize Bowling Hour [BD]<br>2:00 $4 Poker [50GR]<br>3:00 Knowledge Hour [MDT]<br>4:15 Easy Tech with the Activity Girls [AO] | **13**<br>I Spy walk: "RED the Turkey"<br>World Kindness Day<br>10:30 Exercise Light: Weights, Balance & Stretching w/Peggy [FR]<br>11:00 Senior Helpers Vital Check [PL]<br>12:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>1:00 Cardio Drumming Workout [FR]<br>1:30 Floral Friday<br>3:00 Happier Hour with Live Music From: Fire Ball Express [CDR] | **14**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Monday Quick Trip<br>8:30 Shop till we Drop to: Albertsons [PL]<br>10:00 Wellness Chair Yoga with Heidi [FR]<br>12:00 Outing to: The Circle Players "The Pie Ladies" $20 [PL]<br>1:00 3-13 Afternoon Card Social [MDT]<br>1:00 Letters & Laughter Scrabble Fun [TR]<br>3:00 Nickel Blackjack [50GR]<br>5:30 Evening Movie & Popcorn: An Old-Fashioned Thanksgiving (1h 30m) [MDT] |
| **15**<br>I Spy walk: "RED the Turkey"<br>8:00 Guardian Angels Catholic Church [PL]<br>8:15 Shadow Mountain Church Drive [PL]<br>9:00 Sunday Morning Church Service with Pastor Bill [CH]<br>9:30 Walk & Talk to: Mast Park<br>10:15 Shadow Mountain Church Drive [PL]<br>12:00 Wellness Workout with Heidi [FR]<br>1:00 Peaceful Sunday Bingo [MDT]<br>2:00 Skip-Bo & Friends Card Game [MDT]<br>3:00 Ice Cream Social [BD] | **16**<br>Happy Birthday Lori King!!<br>I Spy walk: "RED the Turkey"<br>10:00 Morning Tai Chi: Instructional Video [FR]<br>11:00 Coffee & Cozy Chats in the Turtle Lounge [TL]<br>1:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>2:00 Make & create with Rubi: Pinecone Owls [MDT]<br>3:00 Boot-Scootin' Line Dancing [CDR]<br>3:00 Quick Trip to: Trevi Hills Winery [PL]<br>4:00 Virtual Field Trip: Unseen Texas [MDT] | **17**<br>I Spy walk: "RED the Turkey"<br>10:00 Blessed Trinity Anglican Church [CH]<br>10:00 Indoor Aqua-fit with Peggy [IPS]<br>10:15 Sweet Morning Social [PL]<br>11:00 Watch, Cheer & Toss Cornhole [FR]<br>11:30 Veterans' Luncheon at The Pointe [LB32]<br>12:30 All Aboard the Domino Train [50GR]<br>1:30 Wreath Making Workshop at The Ridge [PL]<br>3:00 Nickel Blackjack [50GR]<br>4:15 Easy Tech with the Activity Girls [AO] | **18**<br>Fall Spirit Day Wednesday: Wear Flannel or Plaid<br>I Spy walk: "RED the Turkey"<br>9:15 Bocce and Coffee<br>10:00 Morning Stretches - Instructional Video [FR]<br>11:00 Warm-Up and Work Out with Dennis [FR]<br>1:00 $4 Fun Bingo [MDT]<br>2:00 Chef's Table Chat [BPD]<br>3:00 Legacy Mixer<br>4:15 Easy Tech w/ the Activity Girls [PL]<br>6:00 Skip-Bo & Friends Card Game [MDT] | **19**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Saturday Shopping Trip<br>10:00 Strike & Socialize Bowling Hour [BD]<br>11:00 Friendsgiving Potluck 11:00am-12:30pm [TR]<br>1:00 LCRA General Meeting [MDT]<br>2:00 $4 Poker [50GR]<br>4:15 Easy Tech with the Activity Girls [AO] | **20**<br>I Spy walk: "RED the Turkey"<br>10:30 Exercise Light: Weights, Balance & Stretching w/Peggy [FR]<br>11:00 Brunch at the Ridge [PL]<br>11:00 Senior Helpers Vital Check [PL]<br>12:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>1:00 Cardio Drumming Workout [FR]<br>1:30 Floral Friday<br>3:00 Happier Hour with Live Music From: Mike & Mandy [CDR] | **21**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Monday Quick Trip<br>8:30 Shop till we Drop to: Northgate [PL]<br>10:00 Wellness Chair Yoga with Heidi [FR]<br>1:00 3-13 Afternoon Card Social [MDT]<br>1:00 Letters & Laughter Scrabble Fun [TR]<br>3:00 Nickel Blackjack [50GR]<br>5:30 Evening Movie & Popcorn: Animals (1hr 48m) [MDT] |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **22**<br>I Spy walk: "RED the Turkey"<br>8:00 ★ Guardian Angels Catholic Church [PL]<br>8:15 ★ Shadow Mountain Church Drive [PL]<br>9:00 ✝ Sunday Morning Church Service with Pastor Bill [CH]<br>10:15 ★ Shadow Mountain Church Drive [PL]<br>12:00 Wellness Workout with Heidi [FR]<br>1:00 Peaceful Sunday Bingo [MDT]<br>2:00 Skip-Bo & Friends Card Game [MDT]<br>3:00 Ice Cream Social [BD] | **23**<br>All Staff Meeting: No Doctor Appointments After12pm<br>Happy Birthday Elizabeth Giammona!!<br>I Spy walk: "RED the Turkey"<br>10:00 Morning Motion: Instructional Video [FR]<br>11:00 Coffee & Cozy Chats in the Turtle Lounge [TL]<br>12:15 Friendly Turkey Visit [PL]<br>1:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>2:00 ★ Make & create with Rubi: Button Bowls [MDT]<br>3:00 Boot-Scootin' Line Dancing [CDR]<br>3:30 ★ Quick Trip to: Barnes & Nobble [PL]<br>4:00 Short Film: A Charlie Brown Thanksgiving (25m) [MDT] | **24**<br>Happy Birthday Margie Pastorek<br>I Spy walk: "RED the Turkey"<br>9:15 ✝ St. Kieran's Communion Service [CH]<br>10:15 Sweet Morning Social [PL]<br>11:00 Watch, Cheer & Toss Cornhole [FR]<br>12:30 All Aboard the Domino Train [50GR]<br>2:00 ★ Taste of the Week: Acorn Donut Holes [BD]<br>3:00 Nickel Blackjack [50GR]<br>4:15 Easy Tech with the Activity Girls [AO] | **25**<br>Fall Spirit Day Wednesday: Wear Flannel or Plaid<br>I Spy walk: "RED the Turkey"<br>9:15 Bocce and Coffee<br>10:00 Morning Stretches - Instructional Video [FR]<br>11:00 Warm-Up and Work Out with Dennis [FR]<br>1:00 $4 Fun Bingo [MDT]<br>2:30 December Sign-Up Social: 2:30am-3:30pm [MDT]<br>6:00 Skip-Bo & Friends Card Game [MDT] | **26**<br>Catalina Dining Will Be Closing Early: Open for Breakfast: (7:30am to 10am) Lunch: (11:30-2pm) To Go's: (2pm-3:30pm)<br>Happy Birthday Bernie Gonzalez!!<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Saturday Shopping Trip<br>Thanksgiving Day<br>10:00 Strike & Socialize Bowling Hour [BD]<br>11:30 ★ Thanksgiving Buffet at The Pointe 11:30am-2pm $28 [V]<br>2:00 $4 Poker [50GR]<br>4:15 Easy Tech with the Activity Girls [AO] | **27**<br>I Spy walk: "RED the Turkey"<br>10:30 Exercise Light: Weights, Balance & Stretching w/Peggy [FR]<br>11:00 Senior Helpers Vital Check [PL]<br>12:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>1:00 Cardio Drumming Workout [FR]<br>3:00 Happier Hour & Birthday Bash with Live Music From: Tradesman Band [CDR] | **28**<br>I Spy walk: "RED the Turkey"<br>Last Day to RSVP for Monday Quick Trip<br>8:30 ★ Shop till we Drop to: Food 4 Less [PL]<br>10:00 Wellness Chair Yoga with Heidi [FR]<br>1:00 3-13 Afternoon Card Social [MDT]<br>1:00 Letters & Laughter Scrabble Fun [TR]<br>3:00 Nickel Blackjack [50GR]<br>5:30 Evening Movie: Friendsgiving (1hr 35m) [MDT] |
| **29**<br>Happy Birthday David Leonard<br>I Spy walk: "RED the Turkey"<br>8:00 ★ Guardian Angels Catholic Church [PL]<br>8:15 ★ Shadow Mountain Church Drive [PL]<br>8:30 ★ Prince Of Peace Church Ride<br>9:00 ✝ Sunday Morning Church Service with Pastor Bill [CH]<br>9:30 ★ Walk & Talk to: Santee Lakes<br>10:15 ★ Shadow Mountain Church Drive [PL]<br>12:00 Wellness Workout with Heidi [FR]<br>1:00 Peaceful Sunday Bingo [MDT]<br>2:00 Skip-Bo & Friends Card Game [MDT]<br>3:00 Ice Cream Social [BD] | **30**<br>I Spy walk: "RED the Turkey"<br>10:00 Morning Stretches - Instructional Video [FR]<br>11:00 Coffee & Cozy Chats in the Turtle Lounge [TL]<br>1:00 Dining Committee Meeting [BPD]<br>1:00 Retro Card Time: Hand, Knee & Foot [50GR]<br>2:00 ★ Make & create with Rubi: Teacup Flower Arrangements [MDT]<br>3:00 Boot-Scootin' Line Dancing [CDR]<br>3:30 ★ Quick Trip to: Sandwich Bags Deli [PL]<br>4:00 Virtual Field Trip: The Netherlands [MDT] | | | | | |

## November BIRTHDAYS

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|---|---|
| Betty Ruehle | 11/04 |
| Bernard Juleson | 11/08 |
| Lori King | 11/16 |
| Elizabeth Giammona | 11/23 |
| Margie Pastorek | 11/24 |
| Bernie Gonzales | 11/26 |
| David Leonard | 11/29 |

## Location KEY

| | | |
|---|---|---|
| 50GR | - | 50's Game Room |
| AO | - | Activities Office |
| BBC | - | Bocce Ball Court |
| BD | - | Bel Air Diner |
| BLR | - | 5th Floor Billiards Room |
| BPD | - | Balboa Private Dining Room |
| CDR | - | Catalina Dining Room |
| CC | - | Coronado Courtyard |
| CH | - | Reflections Chapel |
| FR | - | Fitness Room |
| IPS | - | Indoor Pool and Spa |
| MB | - | Miramar Bar |
| MDT | - | Movie Dinner Theater |
| PL | - | Plaza Lobby |
| PL6 | - | Puzzle Lounge/Library |
| SC | - | Sunken Courtyard |
| TL | - | 2nd Floor Turtle Lounge |
| TR | - | King Charles Tea Room |




## DOCTORS APPTS.

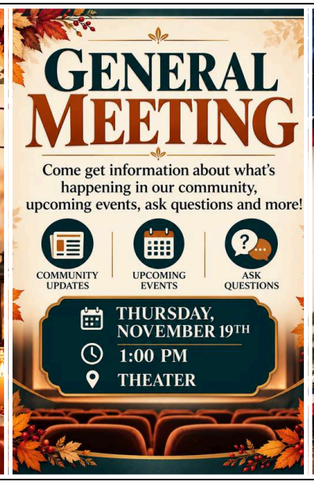
**MONDAY-FRIDAY**
**9AM-3PM**
9 AM-1 PM for Appts Further than 15 Miles

Transportation request forms are available at the front desk. Submit completed forms to the front desk at least 48 hours before your planned trip.

Transportation Number (619) 905-3061

NO TRANSPORTATION AFTER 12PM
ON THE 22ND OF EACH MONTH.
*(the date may vary; please check the calendar every month)*










Use this guide to see what's happening at a glance on our calendar.

**PURPLE**
**COMMUNITY EVENTS**
Socials, parties, entertainment, special programs, and campus events.

**RED**
**OUTINGS & RSVP EVENTS**
Shopping trips, excursions, and events requiring advance sign-up.

**BROWN**
**HEALTH & WELLNESS**
Health seminars, fitness classes, wellness programs, screenings, and support groups.

**BLUE**
**GAMES & RECREATION**
Bingo, cards, trivia, board games, puzzles, and friendly competitions.

**GREEN**
**RELIGIOUS & SPIRITUAL ACTIVITIES**
Church services, Bible studies, prayer groups, and spiritual programs.

*Thank you for being a part of our community!*